



616 Route 52, Beacon, NY 12508  
(845) 831-6720

www.drjanemcelduff.com

## Is Mercury Bad For Us?

### **Did you know there is mercury in amalgam(silver) fillings?**

That's right those silver fillings contain mercury. Amalgam has been used extensively as a restorative material in teeth for over 150 years. Amalgam is a metallic alloy consisting primarily of four metals—mercury, silver, copper and tin—with mercury comprising around 50 percent of the amalgam material. There is a **big controversy** regarding the dangers of mercury and how it possibly affects the nervous system and the brain. There are studies about how mercury affects the unborn fetus and is supposedly

linked to severe brain damage and mental retardation.

Pregnant women and their developing fetuses, infants and young children are especially susceptible to the harmful neurological effects of mercury.

**Dr Jane** has no mercury fillings in her mouth, neither do her children. She believes "*better safe than sorry*" and she no longer offers amalgam fillings as a restorative option. Today there are many **options** for tooth restorations including **gold**, **porcelain** and

**composite(plastic)**.

If mercury concerns you we'd be happy to discuss how to get those mercury fillings out of your mouth.



Before



After

*"My mouth feels cleaner, lighter now that Dr. Jane has removed all of my old silver fillings"* patient Karen Glusker

## Did you Know ??

- Replacing silver fillings is simple and safe.
- Replacing silver fillings also has a beautiful aesthetic value.
- Our office uses state of the art equipment to ensure that the mercury fillings are safely extracted and disposed of with no exposure to the patient or to ourselves or the environment.

BEFORE



AFTER



*"I'm so happy that my old silver fillings are gone! I was very concerned about the health risks associated with mercury and I got a more beautiful natural looking smile in the process!"*

**Kathleen Giannico**

*"I don't believe everything they say about mercury is true, but I feel 'better safe than sorry!' I do not have silver(amalgam) fillings in my mouth and neither do my children and I no longer offer it as an option to my patients."* Dr Jane McElduff, D.D.S.

### Notes on Dental Insurance

\* A Dental benefit plan *helps* you pay for the cost of your dental care. **Insurance pays POORLY. Any money is a "gift"**.

Your dental plan is designed to share in your dental costs. It typically does not cover the total cost of your bill. Most plans cover between 50 to 80 percent of dental services

\* Under a Usual, Customary and Reasonable (UCR) plan, patients are usually allowed to see the dentist of their choice.

These plans pay an established percentage of the dentist's fee or pay the plan sponsor's "customary" or "reasonable" fee limit, whichever is less. It may be noted on your benefits statement that the fee that your dentist has charged you is higher than the reimbursement levels of UCR. This does not mean your dentist is overcharging you.

\* Your Plan Purchaser makes the final decision on **annual maximums** of reimbursement through the contract with the insurance company.

Even though the cost of dental care has significantly increased over the years, the maximum levels of insurance reimbursements have remained the same since late 1960's.