

Dr. Jane McElduff



discover the beauty of a healthy smile

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ORAL CANCER

Are You at risk??

One person dies **every hour** from oral cancer in the United States. As with most cancers, **age** is the primary risk factor for Oral Cancer. More than 90% of all oral cancers occur in those over 40.

Behaviors that increase your risk are:

- **smoking & chewing tobacco** - Tobacco use accounts for most oral cancers. Smoking cigarettes, cigars, or pipes; using chewing tobacco; and dipping snuff are all linked to oral cancer.
- **alcohol use** - People who drink alcohol are more likely to develop oral cancer than people who don't drink. The risk increases with the amount of alcohol that a person consumes.
- **diets low in fruits and vegetables** - Some studies show that not eating enough fruits and vegetables may increase your chance of getting oral cancer.

Other factors are:

- **viral infections** - (primarily the human papilloma virus—HPV 16)
- an **immune system** that is **not functioning normally**,
- a predisposition or **genetics**.

BUT **27%** of oral cancer victims have **NO** lifestyle risk factors.

ViziLite

Dr. Jane and our hygienists, Amy and Dinene, perform an annual conventional visual exam along with a **ViziLite** exam, which uses a specially designed light technology.

ViziLite exam improves their ability to identify, monitor and evaluate abnormal areas that are difficult to see under conventional lighting.

ViziLite is **easy, inexpensive** and only **takes a few minutes**:

1. You rinse with a cleansing solution.
2. Clinician examines your mouth using a specially designed light.
3. If a suspicious lesion is detected it is marked with a blue dye, and documented.

Human Papillomavirus(HPV)

Human Papillomavirus (HPV) has long been known to **cause cervical** cancer and now studies suggest it also plays a role in about 22% of **oral cancer** cases.

Cancer Screening Technologies for Early Detection

BREAST CANCER - Mammogram

PROSTATE CANCER - PAS Test

CERVICAL CANCER - Pap Smear

ORAL CANCER - **ViziLite**

Our licensed professional hygienists are qualified to discuss questions you have regarding oral cancer, your periodontal needs and any oral health concerns you may have.



Amy Sorge, RDH



Dinene Manz, RDH, BA

DID YOU KNOW????

Dr. Jane McElduff has been practicing in Beacon, NY for over 30years.

Her **excellent** clinical skills include:

IMPLANTS IMPLANT SUPPORTED DENTURES SEDATION
TMJ TREATMENT WHITENING COSMETICS
DENTURES CROWN & BRIDGE



Jane McElduff, D.D.S.